

# Behaviour: pets, vets, and clients.

With Dr Sarah Heath

Dr Sarah Heath is an RCVS and European Veterinary Specialist in Behavioural Medicine and was made a Fellow of the Royal College of Veterinary Surgeons in 2018. She is an External Lecturer in small animal behavioural medicine on the veterinary undergraduate course at Liverpool University and a Fellow of the Higher Education Authority.

Sarah says that she cannot imagine doing anything other than veterinary science. She sees clinical cases across North West England and has a special interest in the interplay between emotional and physical illness in dogs and cats and particularly in the role of pain. Sarah also lectures extensively, at home and abroad, (or at least when there is not a pandemic going on!) on behavioural medicine and is an author, co-author and editor of several books.

Basically - when it comes to anything behaviour related - she REALLY knows her stuff. And you don't get this good at assessing behaviour without learning a few other things - about people, clients, our profession, and yourself. Join us in this far-reaching conversation with a Sarah about career longevity, connecting with clients and with the greater animal care community, Sarah's self-care challenges, behaviour medicine as a career and much, much more.

## Show notes

Dr Sarah's practice: <https://www.behaviouralreferrals.co.uk>

Behaviour referral advice subscription: <https://www.behaviouralreferrals.co.uk/wp-content/uploads/2019/12/BRVP-Behavioural-advice-subscription-scheme.pdf>

Sarah's 'emotional sink' explanation: <https://vimeo.com/388752347>

Favorite podcast - The Andfield Wrap: <https://www.theandfieldwrap.com/free-podcasts/>

Podcast choice number 2: Conversations of inspiration, With Holly Tucker: <https://holly.co/podcast/>