

Dr Jeannet Kessels

#17: Excellence with heart



About Jeannet

- A Veterinarian with over 30 years of clinical and business experience.
- Founder and owner of Greater Springfield veterinary.
- She created Groodles Australia, a community enterprise that has raised more than half a million dollars for charity. She is retired and focuses on mentoring the GSV term from the outside.
- She is the founder and chair of Veterinarians for Climate action. This movement was founded on her passion and focus on climate change's effect on animal health, welfare, production, and biodiversity.

*If we have a heart without excellence,
we can't get very far.*

Our guest takes us on her journey through quitting her clinical practice as a vet and pursuing the one project she has her heart in while excelling at it.

In this episode, we will talk about what the right kind of growth looks like, the fear of success, being an advocate for climate change as a vet, and doing all of this with heart.

In this episode:

5:00 Meet Dr. Jeannet Kessels.

6:40 Jeannet thought that "bad decisions make the best story."

8:37 The origin of Jeannet's business value statement is "excellence with heart."

12:30 Jeannet explains the stages of business growth.

14:35 How Jeannet determines the relevance of her experiences in her professional journey.

20:19 Do you feel guilty for deciding to quit clinical practice?

32:10 Jeannet talks about reevaluation and satisfying our yearnings from simple living.

41:57 The fear of success

47:37 For hiring, how do you find your core values in others?

50:37 What inspired the climate action movement?

1:03:05 What does the process of being a climate action advocate look like?

1:15:01 Jeannet's last words for serving and aspiring vets.

Jeannet's professional journey

- A current member of the Veterinary Curriculum Committee at the University of Queensland, Australia.
- Awarded "Business Manager of the Year" by the Australian veterinary business association.
- Founder of Greater Springfield Veterinary.
- Founder and Chair of Veterinary for Climate Action.
- First class honors graduate from the University of Queensland, Australia.

Books and resources

- Let my people go surfing ~ Yvon Chouinard
- Lost connection ~ Johann Hari
- Stolen focus ~ Johann Hari
- Less is more ~ Jason Hickel
- Failing upwards ~ Richard Rohr